



WHO ARE WE

The Young Love Foundation is a non-profit organisation contributing to the health and wellbeing of youth in our community. We are an independent charity who is not affiliated with any religious or political organisations and we are managed by a professional board of industry experts. We are a public benevolent institution with DGR and TCC accreditation from the ATO.

WHAT DO WE DO

We provide school and community based mentoring programs and personal development workshops for young people who are facing profound challenges in their lives, including mental health issues, substance abuse issues, and sexual health issues.

WHAT IS MENTORING

Mentoring from a positive role model provides a nurturing pathway for teenagers to feel supported through tough times, particularly if they feel they can't talk to other significant adults in their lives. The power of having someone neutral to talk to who really listens, and actually hears you, is extraordinary. We work on the premise that it takes a village to raise a child.

WHY ARE WE NEEDED

The most common illness faced by teenagers now is depression
1 in 3 young Australian deaths is due to suicide
1 in 4 12-15 year olds consume alcohol weekly
1 in 4 girls and 1 in 7 boys are victims of child sexual abuse
Australia has the third highest rate of teenage pregnancy in the developed world
All the indicators are that many of our teenagers are in crisis, and their self esteem is suffering

HOW DO WE WORK

We welcome volunteers to join us through our application process, and they complete professional accredited training through TAFE. Our volunteers undergo compulsory Working with Children and National Police Checks and then volunteer to the mentoring program which appeals most. Our programs are conducted mainly during the day within school term time.

WHAT PROGRAMS DO WE OFFER

Our **ismo** program (in school mentoring opportunity) is for guys and girls in high school, we mentor for an hour a week in term time on school premises. Our **bump** program is for young pregnant or parenting mums, we mentor for an hour a week, and attend monthly workshops together on specialist topics specific to the challenges that young mums face. The **youth connections** program is for young people disengaged from school, and runs in partnership with the Salvation Army and TAFE. Our program which is for individual young people who could benefit from having a neutral positive role model in their lives is called **mymentor**, and we meet weekly after school or on weekends within our case management and supervision policies.

WHAT ARE OUR WORKSHOPS

Our personal development workshops provide young people with the right resources at an early stage so they are prepared, and their life chances are greatly enhanced. We run various workshops for young people, and those who work or live with them. They are fun, innovative and engaging. Some workshops are offered as part of our programs and some as fundraisers.

HOW CAN YOU HELP US

Volunteer to become a mentor, which includes free TAFE accredited mentor training
Become a sponsor of the Young Love Foundation through corporate giving or making a pledge
Come to our innovative fundraising events, such as the Young Love Ball held every summer
Offer your time, treasure or talent to help the Young Love Foundation continue making a difference in young people's lives
Make a donation or provide a funding grant so we can continue our valuable work with young people
Ask us to run training or workshops for your school or organisation, or attend our workshops and seminars

HOW CAN YOU CONTACT US

The Young Love Foundation, PO Box 534, Spit Junction, NSW, 2088
E info@younglove.org.au M 0419 633 881 W www.younglove.org.au